

**VOLUME: 4, ISSUE: 3 (MARCH - 2019)**

**CONTENTS**

S.No	Articles	Page No
1	Role of Varmam therapy in Uzhapiralchi - Bipolar affective disorder current Episode Mania - A single case study Dr. G. Revathi, . Dr. N. Shunmugom, Ph.D	1-4
2	'Body Check up in Diabetes Patients' Ashikujaman Syed, Saptarshi Panigrahi , Somnath Surai	5-22
3	Husbands and Wife agreement on the use of Contraceptions in Owerre Ebeiri, Orlu Imo state Ibebuike J.E., Nwokike G.I. and Eberechukwu V.C.	23-28
4	Pharmacological evidences of ancient traditional siddha herb <i>Zingiber officinale</i> ( <i>Zinger, Inji</i> ) – A Bird View Dr. R. Abinaya., Dr. R. Vijaya Nirmala., Dr. M. D. Saravana Devi., Dr. R. Karolin Daisy Rani.	29-36